

Dr. Gornet

New Patient Update

Date: _____

Patient Legal Name:

(First) _____ (Middle) _____ (Last) _____ Sex: M or F

Social Sec#: _____ DOB: _____ Age: _____ Marital Status: M S W D

Address: _____

City, State and Zip: _____

Home Phone: _____ Cell Phone: _____

Employer: _____

Occupation: _____ Work Phone: _____

School Name (if student): _____

Primary Physician Name and Phone: _____

E-mail Address: _____

Emergency Contact: _____

Phone: _____ Relationship: _____

Pharmacy Name: _____

Pharmacy Address: _____

Pharmacy Phone: _____



David M. Brown, M.D.
Donald A. deGrange, M.D.
Matthew F. Gornet, M.D.
Lyndon B. Gross, M.D., Ph. D.
John O. Krause, M.D.

Paul S. Lux, M.D.
Mark D. Miller, M.D.
George A. Paletta Jr., M.D.
Mitchell B. Rotman, M.D. Luke
S. Choi, M.D.
Nathan A. Mall, M.D.

Consent to Release Information

I, _____, authorize The Orthopedic Center of St. Louis staff to discuss my medical treatment and any billing issues with the following people: (Please list any family members, friends, or legal counsel with whom we are allowed to discuss your treatment or billing issues.)

_____ Relation: _____
_____ Relation: _____
_____ Relation: _____
_____ Relation: _____

Patient Signature: _____ Date: _____
(Parent or Guardian Signature if a minor)

Patient Signature (2nd Annual): _____ Date: _____

Dear Friends and Patients,

Thank you for choosing **The Orthopedic Center of St. Louis**.

The Orthopedic Center of St. Louis constantly strives to provide the highest quality comprehensive care for you and your family.

We have organized this building to include providers that complement our services so that you can get the care you need in one convenient location. This includes:

- 8 Fellowship Trained Orthopedic/Plastic & Reconstructive Surgeons with subspecialty training in specific areas.
- Digital x-rays and electronic medical records in our state of the art facility
- High resolution digital MRI and MR Arthrograms on the first floor at **Imaging Partners of Missouri**
- **CT Partners & MRI Partners of Chesterfield** provides state of the art CT & MRI scanning on the first floor
- Electrodiagnostic testing on the third floor at the **Neurological & Electrodiagnostic Institute**
- **ProRehab** on the third floor provides physical therapy and custom splinting, often the same day as your appointment at **The Orthopedic Center of St. Louis**
- Medical Equipment (DME) is available on-site through our office and **SSM RX Pharmacy** delivers medications to each of the following surgical facilities and some of our Surgeons dispense medications in-house to save you a trip to the drugstore.
- **Pain & Rehabilitation Specialists of St. Louis** specializes in interventional pain management and non-operative spine treatment

If surgery is required, **Timberlake Surgery Center** is located on the 1st floor. **The St. Louis Spine and Orthopedic Surgery Center** are located nearby and provide additional locations for outpatient surgeries, spine patients, and patients who require an overnight stay. These facilities are staffed with experienced nurses and staffs that work closely with our physicians to provide the highest quality specialized care in an efficient and personalized fashion.

Financial Disclosure

Some of the individual physicians at The Orthopedic Center of St. Louis have ownership in some of the surgical and imaging facilities listed above as permitted by both state and federal law.

You have complete freedom of choice as you select your providers and facilities.

Our physicians and staff are happy to provide you with the names of other service providers and will help coordinate your appointments with your provider of choice.

For more information, visit our website **www.TOC-STL.com**

We appreciate the opportunity to serve you and your family.

Signed: _____ Date: _____

Printed Name: _____ TOC: _____

The Orthopedic Center of St. Louis

NOTICE OF PRIVACY PRACTICES

Effective Date: May 1, 2013

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

We are required by law to protect the privacy of health information that may reveal your identity, and to provide you with a copy of this notice, which describes the health information privacy practices of our medical group, its medical staff and affiliated health care providers who jointly perform health care services with our medical group, including physicians and physician groups who provide services at our facilities. A copy of our current notice will always be posted at all registration and/or admission points. You will also be able to obtain your own copies by accessing our website at www.toc-stl.com or calling the Privacy Officer at 314.336.2555.

If you have any questions about this notice or would like further information, please contact the above referenced individuals.

WHAT HEALTH INFORMATION IS PROTECTED

We are committed to protecting the privacy of information we gather about you while providing health-related services. Some examples of protected health information include information indicating that you are a patient of our medical group or receiving health-related services from our facilities, information about your health condition, genetic information, or information about your health care benefits under an insurance plan, each when combined with identifying information, such as your name, address, social security number or phone number.

REQUIREMENT FOR WRITTEN AUTHORIZATION

Generally, we will obtain your written authorization before using your health information or sharing it with others outside of our medical group. There are certain situations where we must obtain your written authorization before using your health information or sharing it, including:

Marketing. We may not disclose any of your health information for marketing purposes if our medical group will receive direct or indirect financial remuneration not reasonably related to our medical group's cost of making the communication.

Sale of Protected Health Information. We will not sell your protected health information to third parties. The sale of protected health information, however, does not include a disclosure for public health purposes, for research purposes where our medical group will only receive remuneration for our costs to prepare and transmit the health information, for treatment and payment purposes, for the sale, transfer, merger or consolidation of all or

part of our medical group, for a business associate or its subcontractor to perform health care functions on our medical group's behalf, or for other purposes as required and permitted by law.

If you provide us with written authorization, you may revoke that written authorization at any time, except to the extent that we have already relied upon it. To revoke a written authorization, please write to the Privacy Officer at our medical group. You may also initiate the transfer of your records to another person by completing a written authorization form.

HOW WE MAY USE AND DISCLOSE YOUR HEALTH INFORMATION WITHOUT YOUR WRITTEN AUTHORIZATION

There are some situations when we do not need your written authorization before using your health information or sharing it with others, including:

1. **Treatment, Payment and Health Care Operations.**

Treatment. We may share your health information with doctors or nurses at the medical group who are involved in taking care of you, and they may in turn use that information to diagnose or treat you. A doctor in our medical group may share your health information with another doctor to determine how to diagnose or treat you. Your doctor may also share your health information with another doctor to whom you have been referred for further health care.

Payment. We may use your health information or share it with others so that we may obtain payment for your health care services. For example, we may share information about you with your health insurance company in order to obtain reimbursement after we have treated you. In some cases, we may share information about you with your health insurance company to determine whether it will cover your treatment.

Health Care Operations. We may use your health information or share it with others in order to conduct our business operations. For example, we may use your health information to evaluate the performance of our staff in caring for you, or to educate our staff on how to improve the care they provide for you.

2. **Appointment Reminders, Treatment Alternatives, Benefits and Services.** In the course of providing treatment to

you, we may use your health information to contact you with a reminder that you have an appointment for treatment, services or refills or in order to recommend possible treatment alternatives or health-related benefits and services that may be of interest to you.

3. Business Associates. We may disclose your health information to contractors, agents and other “business associates” who need the information in order to assist us with obtaining payment or carrying out our business operations. For example, we may share your health information with a billing company that helps us to obtain payment from your insurance company, or we may share your health information with an accounting firm or law firm that provides professional advice to us. If we do disclose your health information to a business associate, we will have a written contract to ensure that our business associate also protects the privacy of your health information. If our business associate discloses your health information to a subcontractor or vendor, the business associate will have a written contract to ensure that the subcontractor or vendor also protects the privacy of the information.

4. Friends and Family Designated to be Involved In Your Care. If you do not object, we may share your health information with a family member, relative, or close personal friend who is involved in your care or payment for your care, including following your death.

5. Proof of Immunization. We may disclose proof of a child’s immunization to a school, about a child who is a student or prospective student of the school, as required by State or other law, if a parent, guardian, other person acting in loco parentis, or an emancipated minor, authorizes us to do so, but we do not need written authorization.

6. Emergencies or Public Need.

Emergencies or As Required By Law. We may use or disclose your health information if you need emergency treatment or if we are required by law to treat you. We may use or disclose your health information if we are required by law to do so, and we will notify you of these uses and disclosures if notice is required by law.

Public Health Activities. We may disclose your health information to authorized public health officials (or a foreign government agency collaborating with such officials) so they may carry out their public health activities under law, such as controlling disease or public health hazards. We may also disclose your health information to a person who may have been exposed to a communicable disease or be at risk for contracting or spreading the disease if permitted by law. We may disclose a child’s proof of immunization to a school, if required by State or other law, if we obtain and document the agreement for disclosure from the parent, guardian, person acting in loco parentis, an emancipated minor or an adult. And finally, we may release some health information about you to your employer if your employer hires us to provide you with a physical exam and we discover that you have a work related injury or disease that your employer must know about in order to comply with employment laws.

Victims Of Abuse, Neglect Or Domestic Violence. We may release your health information to a public health authority authorized to receive reports of abuse, neglect or domestic violence.

Health Oversight Activities. We may release your health information to government agencies authorized to conduct audits, investigations, and inspections of our facilities. These government agencies monitor the operation of the health care system, government benefit programs such as Medicare and Medicaid, and compliance with government regulatory programs and civil rights laws.

Lawsuits And Disputes. We may disclose your health information if we are ordered to do so by a court or administrative tribunal that is handling a lawsuit or other dispute. We may also disclose your information in response to a subpoena, discovery request, or other lawful request by someone else involved in the dispute, but only if required judicial or other approval or necessary authorization is obtained.

Law Enforcement. We may disclose your health information to law enforcement officials for certain reasons, such as complying with court orders, assisting in the identification of fugitives or the location of missing persons, if we suspect that your death resulted from a crime, or if necessary, to report a crime that occurred on our property or off-site in a medical emergency.

To Avert A Serious And Imminent Threat To Health Or Safety. We may use your health information or share it with others when necessary to prevent a serious and imminent threat to your health or safety, or the health or safety of another person or the public. In such cases, we will only share your information with someone able to help prevent the threat. We may also disclose your health information to law enforcement officers if you tell us that you participated in a violent crime that may have caused serious physical harm to another person (unless you admitted that fact while in counseling), or if we determine that you escaped from lawful custody (such as a prison or mental health institution).

National Security And Intelligence Activities Or Protective Services. We may disclose your health information to authorized federal officials who are conducting national security and intelligence activities or providing protective services to the President or other important officials.

Military And Veterans. If you are in the Armed Forces, we may disclose health information about you to appropriate military command authorities for activities they deem necessary to carry out their military mission. We may also release health information about foreign military personnel to the appropriate foreign military authority.

Inmates And Correctional Institutions. If you are an inmate or you are detained by a law enforcement officer, we may disclose your health information to the prison officers or law enforcement officers if necessary to provide you with health care, or to maintain safety, security and good order at the place where you are confined. This includes sharing information that is necessary

to protect the health and safety of other inmates or persons involved in supervising or transporting inmates.

Workers' Compensation. We may disclose your health information for workers' compensation or similar programs that provide benefits for work-related injuries.

Coroners, Medical Examiners And Funeral Directors. In the event of your death, we may disclose your health information to a coroner or medical examiner. We may also release this information to funeral directors as necessary to carry out their duties.

Organ And Tissue Donation. In the event of your death or impending death, we may disclose your health information to organizations that procure or store organs, eyes or other tissues so that these organizations may investigate whether donation or transplantation is possible under applicable laws.

7. Completely De-identified Or Partially De-identified Information. We may use and disclose your health information if we have removed any information that has the potential to identify you so that the health information is "completely de-identified." We may also use and disclose "partially de-identified" health information about you if the person who will receive the information signs an agreement to protect the privacy of the information as required by federal and state law. Partially de-identified health information will *not* contain any information that would directly identify you (such as your name, street address, social security number, phone number, fax number, electronic mail address, website address, or license number).

8. Incidental Disclosures. While we will take reasonable steps to safeguard the privacy of your health information, certain disclosures of your health information may occur during or as an unavoidable result of our otherwise permissible uses or disclosures of your health information. For example, during the course of a treatment session, other patients in the treatment area may see, or overhear discussion of, your health information.

9. Fundraising. We may use or disclose your demographic information, including, name, address, other contact information, age, gender, and date of birth, dates of health service information, department of service information, treating physician, outcome information, and health insurance status for fundraising purposes. With each fundraising communication made to you, you will have the opportunity to opt-out of receiving any further fundraising communications. We will also provide you with an opportunity to opt back in to receive such communications if you should choose to do so.

10. Changes to this Notice. We reserve the right to change this notice at any time and to make the revised or changed notice effective in the future. We will notify you of any changes.

YOUR RIGHTS TO ACCESS AND CONTROL YOUR HEALTH INFORMATION

You have the following rights to access and control your health information:

1. Right To Inspect And Copy Records. You have the right to inspect and obtain a copy of any of your health information that may be used to make decisions about you and your treatment for as long as we maintain this information in our records, including medical and billing records. To inspect or obtain a copy of your health information, please submit your request in writing to the Privacy Officer. If you request a copy of the information, we may charge a fee for the costs of copying, mailing or other supplies we use to fulfill your request. If you would like an electronic copy of your health information, we will provide you a copy in electronic form and format as requested as long as we can readily produce such information in the form requested. Otherwise, we will cooperate with you to provide a readable electronic form and format as agreed.

2. Right To Amend Records. If you believe that the health information we have about you is incorrect or incomplete, you may ask us to amend the information for as long as the information is kept in our records by writing to us. Your request should include the reasons why you think we should make the amendment. If we deny part or all of your request, we will provide a written notice that explains our reasons for doing so. You will have the right to have certain information related to your requested amendment included in your records.

3. Right To An Accounting Of Disclosures. You have a right to request an "accounting of disclosures," which is a list with information about how we have shared your health information with others. To obtain a request form for an accounting of disclosures, please write to the Privacy Officer. You have a right to receive one list every 12-month period for free. However, we may charge you for the cost of providing any additional lists in that same 12-month period.

4. Right to Receive Notification of a Breach. You have the right to be notified if there is a probable compromise of your unsecured protected health information if the breach poses a significant risk of identity theft, financial, reputational or other harm to you within sixty (60) days of the discovery of the breach. The notice will include a description of what happened, including the date, the type of information involved in the breach, steps you should take to protect yourself from potential harm, a brief description of the investigation into the breach, mitigation of harm to you and protection against further breaches and contact procedures to answer your questions.

5. Right To Request Restrictions. You have the right to request that we further restrict the way we use and disclose your health information to treat your condition, collect payment for that treatment, run our normal business operations or disclose information about you to family or friends involved in your care. You also have the right to request that your health information not be disclosed to a health plan if you have paid for the services in full, and the disclosure is not otherwise required by law. The request for restriction will only be applicable to that particular service. You will have to request a restriction for each service thereafter. To request restrictions, please write to the Privacy Officer. We are not required to agree to your request for a restriction, and in some cases the restriction you request may not be permitted under law. However, if we do agree, we will be bound by our agreement unless the information is needed to

provide you with emergency treatment or comply with the law. Once we have agreed to a restriction, you have the right to revoke the restriction at any time. Under some circumstances, we will also have the right to revoke the restriction as long as we notify you before doing so.

6. **Right To Request Confidential Communications.** You have the right to request that we contact you about your medical matters in a more confidential way, such as calling you at work instead of at home, by notifying the registration associate who is assisting you. We will not ask you the reason for your request, and we will try to accommodate all reasonable requests.

7. **Right To Have Someone Act On Your Behalf.** You have the right to name a personal representative who may act on your behalf to control the privacy of your health information. Parents and guardians will generally have the right to control the privacy of health information about minors unless the minors are permitted by law to act on their own behalf.

8. **Right To Obtain A Copy Of Notices.** If you are receiving this notice electronically, you have the right to a paper copy of this notice. We may change our privacy practices from time to time. If we do, we will revise this notice and post any revised notice in our registration area and on our website

9. **Right To File A Complaint.** If you believe your privacy rights have been violated, you may file a complaint with us by calling the Privacy Officer at 314.336.2555, or with the Secretary of the Department of Health and Human Services. The hospital will not withhold treatment or take action against you for filing a complaint.

10. **Use and Disclosures Where Special Protections May Apply.** Some kinds of information, such as HIV-related information, alcohol and substance abuse treatment information, mental health information, and genetic information, are considered so sensitive that state or federal laws provide special protections for them. Therefore, some parts of this general Notice of Privacy Practices may not apply to these types of information. If you have questions or concerns about the ways these types of information may be used or disclosed, please speak with your health care provider.

THE ORTHOPEDIC CENTER OF ST. LOUIS

ACKNOWLEDGMENT AND CONSENT

By signing below, I acknowledge that I have been provided a copy of this Notice of Privacy Practices and have therefore been advised of how health information about me may be used and disclosed by the medical group listed at the beginning of this notice, and how I may obtain access to and control of this information. I also acknowledge and understand that I may request copies of separate notices explaining special privacy protections that apply to HIV-related information, alcohol and substance abuse treatment information, mental health information, and genetic information from my Health Care Provider. Finally, by signing below, I consent to the use and disclosure of my health information to treat me and arrange for my medical care, to seek and receive payment for services given to me, and for the business operations of the medical group, its staff, and its business associates.

Signature of Patient or Personal Representative

Print Name of Patient or Personal Representative

Date

Description of Personal Representative's Authority

Assignment of Benefits

Please Read:

Some insurance companies will not pay your bill if you do not select one of their participating doctors. It is the patient's responsibility to determine if our doctor participates in your plan. Payment or co-payment is due at the time of service. The patient or guardian is responsible for any portion of the bill that is not covered by insurance. In the event of legal action for collection, patient agrees to pay all costs of collection, including reasonable attorney fees. By signature below, the patient or guardian agrees that the jurisdiction and venue for said action shall be the County of St. Louis and State of Missouri. Any balances due from patients or guardians that are outstanding for over 90 days may have an automatic monthly finance charge of 1.5% (18 annual rate).

SIGNED (Patient or Guardian): _____ Date: _____

Authorization and Assignment

I authorize The Orthopedic Center to release information regarding my treatment to my insurance company, to health care providers who have referred me to The Orthopedic Center and to parties who are involved in my treatment if I have a work-related injury. I also authorize my insurance benefits to be paid directly to The Orthopedic Center. This is an authorization for medical treatment of a minor if signed by a parent or guardian. In addition to the above and in the event The Orthopedic Center is served a Subpoena for production of records, the undersigned authorizes The Orthopedic Center to produce such records under a Business Records Affidavit without the necessity of attendance at a deposition. This above Authorization can only be withdrawn or revoked by written notification to The Orthopedic Center.

SIGNED (Patient or Guardian): _____ Date: _____

Consent for Outcome Studies

With the patients' knowledge and consent, our policy at The Orthopedic Center of St. Louis is to choose the best method of treatment for each person and each condition. Knowing the results of these treatment methods helps us evaluate how well our treatment programs are working. This information is especially interesting to other health care professionals because it helps them decide whether to learn and adopt similar treatment methods for their patients.

We are asking for permission to include your clinical results in our computerized database and to report them in medical journals or at medical conventions. Complete privacy will be maintained. No individual person will be identified, names are not used in these professional meetings.

Although we would appreciate your help in this important endeavor, you are ***not*** required to consent to this request in order to receive care at The Orthopedic Center of St. Louis.

I, _____, consent to have my clinical information included in the database of Matthew F. Gornet, M.D. at The Orthopedic Center of St. Louis. I understand that this information will be presented at medical meetings and published in medical journals and may be included in other larger studies involving several clinics.

Signature of Patient or Parent/Guardian

Date

PATIENT NAME: _____

DATE: _____

PLEASE CHECK ALL THAT APPLY.

Constitutional Symptoms

- Weight loss or gain
- Fatigue/Malaise/Lethargy
- Fever or chills
- Weakness
- Trouble sleeping
- Unexplained Falls
- Itch/Rashes
- Lumps/Bumps/Masses
- Dryness of skin
- Color changes in skin
- Hair and nail changes

Eyes

- Vision Loss/Changes
- Droopy Eyes
 - RT
 - LT
- Redness in eyes
- Blurry or double vision
- Flashing lights
- Specks
- Glaucoma
- Cataracts
- Last eye exam
- Headache
- Head injury
- Neck Pain

Ears, Nose, Mouth, Throat

- Decreased hearing
 - Ringing in ears /Tinnitus
 - Earache/Pain
 - Drainage from ears
 - Stuffiness in nose
 - Discharge from nose
 - Nosebleeds
 - Sinus pain
 - Bleeding in mouth
 - Dentures
 - Sore tongue
 - Dry mouth
 - Sore throat
 - Pain with swallowing
 - Hoarseness
 - Thrush
 - Non-healing sores
- Psychiatric**
- Nervousness
 - Stress
 - Depression
 - Memory loss

Cardiovascular

- Chest pain or discomfort
- Tightness in chest
- Palpitations
- Shortness of breath with activity
- Difficulty breathing lying down
- Exercise Intolerance
- Sudden awakening from sleep with shortness of breath
- Claudication/Reduced blood flow
- Loss of consciousness
- Calf pain with walking
- Leg cramping

Respiratory

- Cough
- Sputum
- Coughing up blood
- Shortness of breath
- Wheezing
- Painful breathing
- Exercise Intolerance

Gastrointestinal

- Swallowing difficulties
- Abdominal pain
- Heartburn/Indigestion
- Change in appetite
- Nausea/Vomiting
- Change in bowel habits
- Rectal bleeding
- Constipation
- Diarrhea
- Yellow eyes or skin/ Hepatitis History
- Ulcers

Urinary

- Frequency changes in urinating
- Urgency changes in urinating
- Burning or pain with urination
- Blood in urine
- Incontinence
- Change in urinary strength
- Kidney stones

Integumentary/Breasts

- Lumps
- Pain
- Discharge
- Breast-feeding

Musculoskeletal

- Muscle or joint pain
- Stiffness
- Back pain
- Redness of joints
- Swelling of joints
- Decreased range of motion
- Trauma
- Arthritis
- Lumps in neck
- Swollen glands
- Pain in neck area
- Stiffness in neck area

Neurological

- Dizziness
- Fainting
- Seizures
- Headache
- Weakness in Limb
- Numbness in Limb
- Tingling in Limb
- Pins and needles in Limb
- Poor balance
- Tremor

Endocrine

- Heat or cold intolerance
- Sweating
- Frequent urination
- Thirst
- Menopause
- Change in appetite
- Diabetes

Hematologic/Lymphatic

- Anemia
- Ease of bruising
- Ease of bleeding
- Use of anticoagulant/antiplatelet drugs
- Family history of hemophilia
- Refuses blood transfusions
- HIV Positive

Allergic/Immunologic

- Difficulty breathing
- Swelling or pain in groin
- Food, medication, or latex allergy
- Swollen glands

Patient Signature

Date

For Office Use Only

Height: _____

Weight: _____

BP: _____

Pulse: _____

Notes: _____

PATIENT PAIN DRAWING

Name: _____

Date: ____ / ____ / ____

Where is your pain now?

Mark the areas on your body where you feel the sensations described below, using the appropriate symbol. Mark the areas of radiation. Include all affected areas.

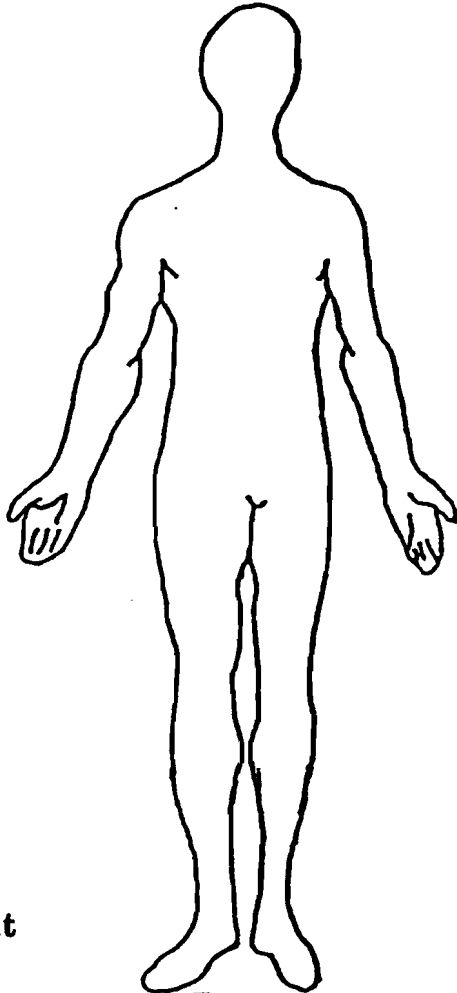
ACHING
▲▲▲▲

NUMBNESS
====

PINS & NEEDLES
OOOO

BURNING
XXXX

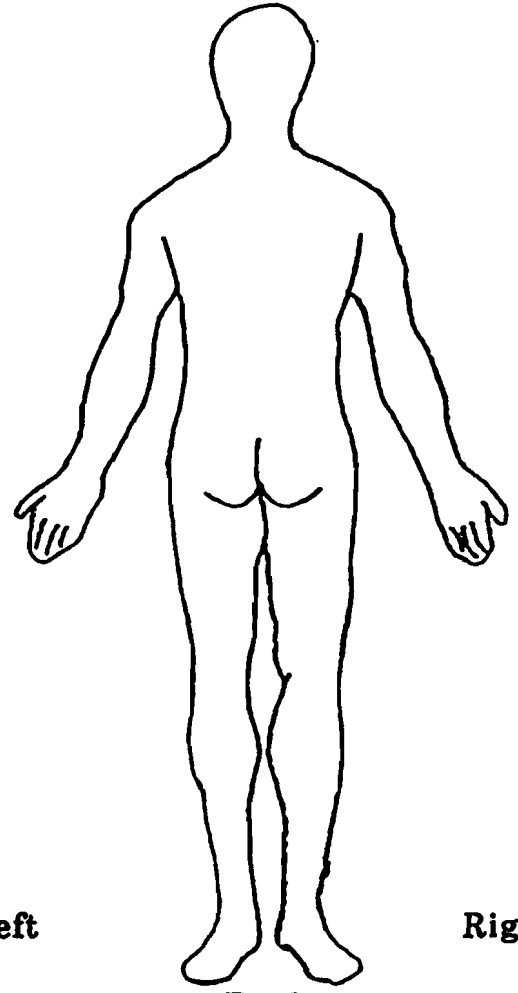
STABBING
/////



Right

Left

Front



Left

Right

Back

How bad is your pain now?

Please mark with an X on the **BODY** diagram above where your pain is the worst now.

Please mark on the line below how **BAD** your pain is now.

